



An MS educational program designed for Multiple Sclerosis Patients and Care-Partners
RSVP required, as showing below

Supported by:    and 

6:35pm - Guest Speaker: Christina Arbogast, PT, DPT, CSRS
An introduction to physical therapy that can counteract your MS Symptoms
Includes discussion on gait issues and neuroplasticity



A 30-minute discussion + 15-mins of Q&A

7:20pm - Guest Speaker: Ann Cabot, DO, a neurology specialist in Concord, NH.
Board Certified Neurologist Multiple Sclerosis Specialist

Topics:
A discussion about the impacts of Lifestyle, Wellness, Nutrition, Physical Movement.
Plus, learning the different categories (Genres) of MS FDA approved medications.



A 45-minute discussion + 35 mins of Q&A

Program Date: Tuesday, September 8, 2026
Check-in: 5:35pm ET – Program begins at 6:30pm ET
With a Complimentary Dinner

Location: DoubleTree by Hilton Manchester Downtown
700 Elm St, Manchester, NH
[Google Maps](#)

To attend In-person Please (RSVP) here: <https://msviewsandnews.org/in-person-events/>
If you do not have internet, please call (888) 871-1664 - Ext 105
No Walk-ins will be permitted (as an advanced headcount is needed)

Exhibitors:   
 

Program provided by MS Views and News, a 501C3 not for profit organization
MS Views and News is MAKING a Positive IMPACT on those affected by Multiple Sclerosis
Please, help us to provide educational information and resources to the over-all ms community with a
donation of any amount simply by visiting or clicking: <https://msviewsandnews.org/donate/>

