



Supported by: **Genentech** A Member of the Roche Group **NOVARTIS** and **TG Therapeutics**

Guest Speaker: Tony Garcia, Tai Chi Instructor will demonstrate how Tai Chi Chuan can benefit individuals living with Multiple Sclerosis, improving balance, flexibility, and overall well-being.

35-minute presentation + 20-minute Q&A



Guest Speaker: Mirla Avila, MD – Neurologist at Grove Neurology

Discussion to include: THE IMMUNOLOGY of Multiple Sclerosis
Plus, Brain Health, Lifestyle and Wellness

a 45-minute discussion + 40 mins of Q&A



Program Date: Saturday, December 5, 2026

Check-in: 10:40am ET * Program begins: 11:30am ET

With Complimentary Lunch ** RSVP REQUIRED as shown below **

Location: 94th Aero Squadron Restaurant - Miami

1375 NW 57th Ave. – Miami, FL. 33126

[Google Map](#)

Please (RSVP) online: <https://msviewsandnews.org/in-person-events/>

(When webpage opens, click the program relating to your region)

If you do not have internet, please call (888) 871-1664 - Ext 105

No Walk-ins will be permitted (as an advanced headcount is needed)

Exhibitors: **Genentech** A Member of the Roche Group **NOVARTIS** **TG Therapeutics**

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